WHAT TO WEAR

Don't overthink it. The most important thing is to relax and be yourself. Following these easy tips will help you be well-prepared for filming.

WEAR SOMETHING COMFORTABLE

Wear clothes you love! Shirts with sleeves generally look best. Breathable fabrics will help keep you cool under the studio lights.

WEAR SOLID COLORS OR LOOSE, SOFT PATTERNS

Avoid shiny or glossy fabrics that may be distracting. Tight patterns on shirts, ties or scarves should be avoided.

CHOOSE SOFTER COLOR TONES

Avoid stark white, bright yellow, bright red or solid black. Color is great, but opt for soft shades.

LAYER YOUR CLOTHING OR SIMPLE ACCESSORIES

Avoid distracting jewelry or bracelets that make noise. Light layers and accessories are a way to add color and personality.

WEAR YOUR EVERYDAY MAKEUP

Avoid heavy makeup and style your hair as you normally would, but try to style it off your face if possible.